

SLEEPING BEAUTY

Visual Story

This document is a visual guide describing the characters and story of the show. It is for any visitors who would benefit from knowing more details about the show, particularly those attending our relaxed performances.



CONTENTS

ABOUT THE THEATRE	
Arriving at the Theatre	3
Finding your seat	4
During the show	5
The interval	6
ABOUT THE PRODUCTION	
Sleeping Beauty	7
What is pantomime?	8
ABOUT THE SHOW	
Who is in the show?	9-10
Light & sound warnings	11-14
What happens in the show?	15-21
After the show	22

ARRIVING AT THE THEATRE



This is The Arts Theatre
Cambridge. This is what the front
of the theatre looks like from Peas
Hill.

There is step-free access around the theatre.



When you go in, you will see our Box Office. You can collect your ticket here, or ask our friendly Box Office staff any questions you might have about the theatre and the show.



There are three bars you can visit before the show and during the interval to get snacks and drinks.

They are on the ground floor, first floor and second floor.



There are several toilets all around the theatre. These are clearly signposted with signs like this.

If you need help finding anything, you can ask one of our ushers, who wear uniforms with our logo.

FINDING YOUR SEAT



Your ticket will tell you if you are sat in the Stalls or the Circle. The Stalls are on the ground floor and the Circle is on the first floor.



Your ticket will also tell you which door to enter the auditorium through. Signs in the building will show you how to get to your door.



At your door, an usher will direct you to your seat. Rows are ordered alphabetically, with A closest to the stage.



This is what the auditorium looks like inside. Before the show starts, it might be quite noisy.

DURING THE SHOW



When the show is about to start, the lights will dim and everyone will stop talking.

Everyone will turn off their phones. Taking pictures or videos is not allowed.



There might be loud sounds and music during the show. You can cover your ears if its too loud.

In pantomime, the actors will encourage the audience to clap, laugh, shout out and sing along. You don't have to if you don't want to.



If you would like to take a break during the performance, you can go to one of the bars or foyer to relax in quiet.

THE INTERVAL



There is a break half way through. This is called an interval.

The lights will get brighter and you can leave your seat and talk.



The interval is 20 minutes long. During the interval, you can have a break, go to the toilet, and buy more drinks and snacks if you want.



At the end of the interval there will be an announcement. You will then need to go back to your seat.

When the show is about to continue the lights will dim again and the performers will come back on stage.

SLEEPING BEAUTY



DATES

Sleeping Beauty is being performed at The Arts Theatre Cambridge from Thu 27 Nov 2025 - Sun 4 Jan 2026.

For more in-depth information about show times, click here.

LENGTH

Sleeping Beauty is roughly 2 hours 20 minutes long, including a 20-minute interval.

WARNING!

The following pages contain **spoilers** about what happens in our version of *Sleeping Beauty*.

WHAT IS PANTOMIME?



A **pantomime** is a family Christmas show.

It is normally loosely based on a well-known fairytale (like Sleeping Beauty!), turning it into a musical comedy with singing, dancing, jokes and lots of audience participation.

Attending a pantomime is quite different from a normal theatre show. In pantomime, the audience are encouraged to shout and interact with the characters. These might include:

- Booing at the villain
- Shouting "Oh No, You Aren't" and similar call-and-response phrases to the characters.
- Shouting "It's Behind You!" when a character is looking for something on stage.
- Reacting with "aww" or "ooh" when a character tells the audience something.
- Greeting characters with "hello!" when they come on stage.
- Sing-a-longs at the end of the show.





WHO IS IN THE SHOW?





TANISHA BUTTERFIELD plays FAIRY STRAWBERRY

Fairy Strawberry is a good fairy, who narrates the story and uses her magic powers to help our heroes.





TRICIA ADELE-TURNER plays **CARABOSSE**

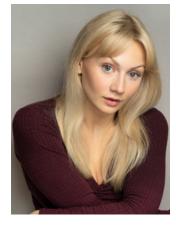
Carabosse is the villain, an evil fairy who is obsessed with being the most beautiful and famous in the land.





MATT CROSBY plays NANNY NUTKINS

Nanny Nutkins is the panto dame, and Rose's Nanny. She is funny and cheeky.

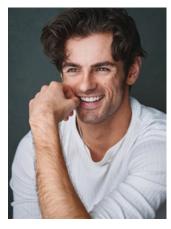




DAISY TWELLS plays PRINCESS ROSE

Rose is our heroine. She is a sweet, charming young princess who dreams of seeing the world and meeting her prince.

WHO IS IN THE SHOW?





JOSEPH HEWLETT plays PRINCE KEN

Prince Ken is a classic fairytale prince, created by magic to be Rose's true love and defeat Carabosse.





STEVEN ROBERTS plays HAPPY HARRY

Happy Harry is King Truman's Royal Entertainer and Nanny Nutkins' sidekick. He loves to chat to the audience.





MATT HARROP plays KING TRUMAN

King Truman is King of Cambridgeshire, and Rose's father. He is determined to keep her safe from Carabosse.



TAYLOR ALMAN, CHARLIE BARNARD, MORGAN BROOME, DANIELLE CATO, OLIVER IMESON and SOPHIE KARAOLIS play

THE ENSEMBLE

The ensemble play lots of different characters, including villagers, nobles, guards, fairies, henchmen and more! They are also fabulous dancers.

KEY



Lighting

Loud noise

⚠ Con

Content Warning

Any warning with a * next to it will be either turned down or off for our relaxed performances.

ACT 1

SCENE 1

- After Fairy Strawberry says, "Three!", there is a pyrotechnic sparkling fountain on the front left of the stage.*
- After Fairy Strawberry says, "I have exciting news...", a thunder sound effect plays and lights flash around the stage for Carabosse's entrance. *
- After Fairy Strawberry says, "It's written in the stars", the cast sing 'Reach up for the Stars'

SCENE 2

- There is a lot of audience interaction in this scene, with the cast encouraging the audience to shout loudly.
- After the King says, "Don't Invite Carabosse", the cast sing 'A.P.T.'
- After Nanny Nutkins says, "Come and meet my friends, baby Rose," she sprays water on the first few rows of the audience.*
- From the King's line, "Welcome to the christening party of my darling Princess Rose," until his line, "Don't start that again!", every time the name 'Carabosse' is said, there is a loud 'Dun Dun' sound effect this happens 4 times.
- After Fairy Strawberry says, "And now for my gift...", a thunder sound effect plays and lights flash around the stage for Carabosse's entrance. *
 - After Carabosse says, "I can't go near The Eagle without getting papped", there are flashing strobe lights on stage for a few seconds. *
 - After Carabosse says, "She shall never steal my thunder!" there is a thunder clap.*

 After Carabosse says, "And all over social media," there is a thunder clap.*
 - After Happy Harry says, "Say it again with the power of disco", the cast sing a mash-up of 'Disco Inferno' and 'Burn Baby Burn'.

SCENE 3

After the song ends, a thunder sound effect plays and lights flash around the stage for Carabosse's entrance.*

SCENE 4

There are spinning projections on the stage and walls of the theatre in this scene which might make you dizzy. They finish when Fairy Strawberry says, "Ah... That's better!"

KEY

Song & Lighting Loud noise Content Warning

SCENE 5

- After Rose says, "I was just dreaming about a prince", she sings 'The Life I Never Led'
- After Happy Harry says, "St Ives?", he sings a song about all the places in Cambridgeshire. He repeats it faster when Rose asks, "Can you say it any faster?"
- From Nanny Nutkins' line "A sweaty palm... over there!" to Rose's line, "I shall miss the Botanic Garden," every time Nanny Nutkins' 'hits' Happy Harry with her spade, a loud sound effect is played.

SCENE 6

- After Fairy Strawberry says, "Just as I thought things were going so well!", a thunder sound effect plays and lights flash around the stage for Carabosse's entrance.*
 - After Fairy Strawberry says, "Very well... We'll magic up a prince!", the cast sings 'A Prince Called Ken' to the tune of 'It's Raining Men'.

SCENE 7

- At the start of the scene, a thunder sound effect plays and lights flash around the stage for Carabosse's entrance.*
 - After Carabosse's line, "I'll unleash my inner dragon... then you'll get it!" A loud dragon roar plays.*

SCENE 8

- After Rose says, "Found you!", She starts to sing 'Somewhere Only We Know'. After Ken says, "No, we don't say 'I do' until the Finale", they continue to sing 'Somewhere Only We Know'.
- After Ken says, "I'm just Ken," a thunder sound effect plays and lights flash around the stage for Carabosse's entrance.*
 - After Ken says, "Please believe me!", he sings 'I'm just Ken'.

SCENE 9

- After Carabosse says, "play with this instead!" there is a thunder clap and flashing lightning.*
- After Fairy Strawberry says, "As she dreams sweet dreams in Wonderland!", the cast sings 'Don't Stop Believing'.

KEY



Song & Lighting

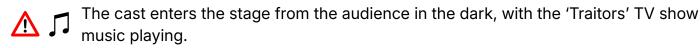




Content Warning

ACT 2

SCENE 1



When the 'Traitors' music ends, the cast sings 'Let's Be Bad'.

SCENE 2

There is a lot of audience interaction in this scene, with the cast encouraging the **♦**1) audience to shout loudly.

After Nanny Nutkins says, "How rude!", the cast sings 'Something Spooky's Going On'.

They sing it again when Nanny Nutkins and the Prince say "We'll have to sing it again then, won't we?"

Nanny Nutkins sings it again when she says "I'll have to sing it again then, won't I?"

SCENE 3

After Fairy Strawberry says, "And bring her sweet dreams in Wonderland to a close," Ken sings 'Rule the World'.

SCENE 4

SCENE 5

- There is a lot of audience interaction in this scene, with Happy Harry encouraging the **♦**1) audience to shout out.
- After Harry says, "It's a miracle she still fits in the hut," a loud rumbling sound plays and the lights flicker dramatically.*

SCENE 6

This is the 'slosh scene' with Harry and Nanny Nutkins, which is a silly slapstick comedy scene including lots of sound effects including crashing, a fan, and babies crying.

SCENE 7

After Carabosse says, "Missed me, muppets?," she sings 'Unstoppable'.

SCENE 8

After Carabosse says, "Now you shall perish", a large dragon head is revealed on stage, roaring. There are fight sound effects, which end when Carabosse says 'Enough!'*

KEYSong ↓ Lighting Loud noise Content Warning

SCENE 9

After Carabosse says, "Lots of lovely children!", she sings 'Let's be Good'.

SCENE 10

Throughout this scene, Nanny Nutkins and Happy Harry get the audience to sing along to 'H.A.P.P.Y', including bringing 4 children from the audience up on stage to sing there.

SCENE 11

- After Nanny Nutkins says, "And now the marriage of Prince Ken and Princess Rose!", the cast sing "I Want Your Love" while taking their bows.
- After Carabosse says, "Come see us here again, next year we're doing Jack!", the cast get the audience to stand up and sing and dance along to 'Everybody Needs Somebody'.
- At the end of the song, a streamer cannon goes off over the audience.*



There will be **spoilers** from this point onwards, so if you don't want to know what happens in the show, stop reading now!

ACT ONE



SCENE 1 - PROLOGUE

Fairy Strawberry introduces the story of Sleeping Beauty.

Carabosse enters and the fairies tell her about Princess Rose's birth. Carabosse gets jealous that Rose will grow up to be more famous and beautiful than her.

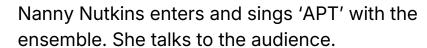
The cast sings 'Reach Up For the Stars'



SCENE 2 - OLDE TRUMPINGTON CASTLE

Happy Harry says hello to everyone and introduces the audience to Fifi, the rabbit he will give to Rose when she turns 18.

King Truman enters and tells Harry to invite every fairy to Princess Rose's christening, except Carabosse.





Everyone arrives for Rose's christening. The good fairies give Rose three magic gifts, but Carabosse interrupts after the second.

Angry that she wasn't invited, Carabosse curses Rose to prick her finger on a spinning wheel before she turns 18 and die.



Fairy Strawberry uses her third gift to lessen the curse, so Rose will sleep for 100 years or until she is woken by true love's kiss.

Rose is sent to live with Nanny Nutkins and Harry in a hidden cottage in the Botanic Gardens until she turns 18.

The King orders every spinning wheel in the kingdom be destroyed.



SCENE 3 - CITY STREET

The King and ensemble sing 'Burn Baby Burn' while the spinning wheels are destroyed.

Carabosse enters and reveals that not all of the spinning wheels have been burned - she has hidden one.



SCENE 4 - TIME PASSES

Eighteen years pass. Fairy Strawberry tells the audience that Rose has remained hidden from Carabosse the whole in the Botanic Gardens.

It is now the day before Rose's 18th Birthday.



SCENE 5 - BOTANIC GARDEN

Rose sings 'The Life I Never Led'. She tells Harry how excited she is to explore outside the Botanic Garden once she turns 18.

Nanny Nutkins reveals to Rose that she is actually a Princess. The King arrives to take Rose back to the castle.



SCENE 6 - FAIRYLAND

Carabosse finds out about Fairy Strawberry's counterspell, but still plans to prick Rose's finger on her spinning wheel.

Nanny Nutkins and the fairies come up with a plan to stop Carabosse. They magic up Prince Ken while singing 'It's Raining Men'.



SCENE 7 - CARABOSSE'S LAIR

Carabosse brings Prince Ken to her lair, wanting him for herself.

She tries to woo him, but he doesn't fall for it, and leaves to find Rose.





SCENE 8 - BOTANIC GARDEN

Rose is playing with her friends, and Ken enters. They sing 'Somewhere Only We Know'.

Carabosse appears disguised, and tries to get Rose to prick her finger on a spinning wheel, but Ken interrupts.

Ken is discovered with the spinning wheel and is locked up by the King, who thinks he is Carabosse in disguise.

SCENE 9 - OLDE TRUMPINGTON CASTLE

Rose is having her birthday party at the castle, and tells the King about Prince Ken.

Realising he made a mistake, everyone rushes to free Ken, leaving Rose alone.

Carabosse appears and tricks Rose into pricking her finger on a spinning wheel, putting her to sleep. Ken arrives too late, and Carabosse captures him.

Fairy Strawberry magics up a wall of thorns to protect Rose while she sleeps, until Ken is free and can wake her with true love's kiss.

The Cast sing 'Don't Stop Believing'.

There is now a 20-minute interval.

ACT TWO



SCENE 1 - CARABOSSE'S LAIR

Carabosse sings 'Let's Be Bad'.

She plans to give Ken a love potion, and puts it into a cake made by Nanny Nutkins and Harry, but Harry eats it first.

Harry, now in love with Carabosse, swaps places with Ken so he can escape.



SCENE 2 - SCREECHWOODS

The King, Nanny Nutkins and Prince Ken travel through the forest to reach Rose, meeting skeletons on the way who spook them.

They sing 'Something Spooky's Going On'.



SCENE 3 - BRIARS & BRAMBLES

They reach the wall of thorns, and Ken tries to chop it down. Fairy Strawberry reveals that because he's made of magic, he isn't real and it won't work.

However, Ken says he truly loves Rose. Because of true love, he grows a human heart and is able to chop through the thorns.



SCENE 4 - CASTLE

Ken sings 'Rule the World'.

He reaches Rose, and gives her a kiss. She wakes up and they kiss again.



SCENE 5 - SCREECHWOODS

Rose and Fifi play hide-and-seek.

SCENE 6 - NURSERY

Nanny Nutkins and Harry work at the Nursery. This is a slapstick comedy scene.



SCENE 7 - SCREECHWOODS

Carabosse returns, singing 'Unstoppable'.

She meets Rose and Ken, and threatens Rose with a needle.

Ken and Carabosse start to fight.



SCENE 8 - DRAGON'S DEN

Carabosse turns into a huge dragon, and knocks Ken down.

Rose saves the day, pricking Carabosse with her own needle and defeating her.



SCENE 9 - CARABOSSE'S LAIR

Carabosse promises she won't try to be famous anymore, and Fairy Strawberry casts a spell to make her good.

Prince Ken proposes to Princess Rose, and she says yes.



SCENE 10 - CITY STREET

Nanny Nutkins and Harry bring children from the audience up on stage, and everyone sings together.

SCENE 11 - FINALE

The cast sing their final song and take their bows.

AFTER THE SHOW



At the end of the show, the performers will bow and everyone will clap and cheer to show the performers they enjoyed the show. Some people might stand up.

It will be noisy. You can clap and cheer as well.



Once the performers leave the stage, the lights will get brighter and everyone will start to leave the auditorium.

It might get busy, and there might be queues to leave. You can stay in your seat until it's quieter if you want.

We hope you enjoy your visit to The Arts Theatre Cambridge!

If you have any more questions, please contact our Box Office in one of the following ways:

Email:

boxoffice@artstheatre.co.uk

Phone:

01223 503333

Open 10am-5pm Mon - Fri

In person:

6 St Edward's Passage Cambridge CB2 3PJ

> Open 12pm-8pm Mon - Sat